

# January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		No Lunch	No Lunch	Spag. & Meat Sauce, Salad, Steamed Peas, French Bread, Jello	Chicken Tenders, Cheesy Mashed Potatoes Salad, Steamed Broccoli, Fruit	
6	7	8	9	10	11	12
	Red Beans & Rice w/ Sausage, Carrots, French Bread, Salad & Cookie	Soft Tacos, Cheddar Cheese, Salad, Steamed Corn Refried Beans w/ Cheese, Fruit	Cheese Pizza, Salad, Fruit, Raw Veggie Cup w/ Ranch, Yogurt	Meatballs & Spag, Salad, Seasoned Green Beans, French Bread, Jello	Chicken Tenders, Mac & Cheese, Salad, Steamed Broccoli, Fruit	
13	14	15	16	17	18	19
	Chicken & Sausage Jambalaya, Carrots, French Bread, Salad, Cookie	Soft Tacos, Cheddar Cheese, Salad, Steamed Corn Refried Beans w/ Cheese, Fruit	Cheese Pizza, Salad, Fruit, Raw Veggie Cup w/ Ranch, Yogurt	Chicken Alfredo w/ Bowtie Pasta, Salad, Steamed Peas, French Bread, Jello	Chicken Tenders, Cheesy Mashed Potatoes Salad, Steamed Broccoli Fruit	
20	21	22	23	24	25	26
	No Lunch	Soft Tacos, Cheddar Cheese, Salad, Steamed Corn Refried Beans w/ Cheese, Fruit	Cheese Pizza, Salad, Fruit, Raw Veggie Cup w/ Ranch, Yogurt	Baked Ziti, Salad, Seasoned Green Beans, French Bread, Jello	Chicken Tenders, Mac & Cheese, Salad, Steamed Broccoli, Fruit	
27	28	29	30	31		
	White Beans & Sausage w/ Rice, Carrots, French Bread, Salad, Cookie	Soft Tacos, Cheddar Cheese, Salad, Steamed Corn Refried Beans w/ Cheese, Fruit	Cheese Pizza, Salad, Fruit, Raw Veggie Cup w/ Ranch, Yogurt	Meatballs & Spag, Salad, Seasoned Green Beans, French Bread, Jello		